



SENIOR DIVISIONS (Full Contact - Low Kick - K1 RULES) From Avril 23rd to 28th, 2018 - Yaoundé, CAMEROUN





President Welcome

Dear friends and brothers of African countries,

As President of La Fédération Camerounaise de Kick-Boxing & D.A, It is a great honor for us to host this year the African Nations Championship Kick-Boxing, which will take place in Yaoundé, Cameroon from Avril 23rd to 28th, 2018. A great event for which we have been preparing for over a year now, proof that it is particularly keen to have you all here from Avril 23rd to 28th, 2018.

The African Kickboxing Championships is for Cameroon a great challenge that we have started to face for many years now.

We are ready to continue this challenge, by promising you a warm welcome, an organization worthy of our participants, and above all, a great fight to raise the level of our fighters, and to contribute together to the development of our sport, Kickboxing.

For that, we can take pride in the total and consistent support of our Government as a whole, in order to make this event a success for the whole country and a national pride for its people.

The Cameroonian Federation of Kick-Boxing & D.A. will take care of the transportation internally, for all participants, fighters, coaches and staffs throughout the duration of the stay. You will find attached the provisional registration forms that you will send us no later than 23rd March 2018.

Cameroon is one of the longest member of the big family of the World Association of Kickboxing Organizations "WAKO" as our first participation is go back in 1985 in Budapest Hungary. However, since joining this big family, we have enriched ourselves with our meetings, exchanges and sharing with other members. We intend to renew this great experience by welcoming you to our home in Yaoundé, Cameroon.

We look forward to seeing you there and hope that you will come a lot, because you will certainly keep a good memory of your passages in our beautiful country.

In the hope of counting you among us for this great meeting, the Cameroonian Federation is at your disposal for any information concerning the Championship, as well as the conditions of entry to Cameroon and the facilitation of your arrival.

See you soon and I wish for all of our African fighters the successful achievement during our championships.

Yours in sport

Emmanuel ESSISSIMA President of la Fédération Camerounaise de Kick-Boxing President of African Kickboxing Confederation (WAKO AFRICA)

















ORGANIZER'S INFORMATION

Organizer's	African Kickboxing Confederation (WAKO AFRICA) with collaboration of Zeideal Agency. <i>Persons in Charge:</i> Chairman of Organizing Committee: Mr. Emmanuel ESSISSIMA, President of African Kickboxing Confederation (WAKO AFRICA) : <u>president@wakoafrica.com / cakbwako@yahoo.fr</u>	
Accommodation	All participants will stay at the Hotels selected by Organizing committee	
Accreditations	All delegations will check-in after arriving at the Yaoundé city	
Liability	Neither the organizers of the event, nor the Cameroun National Kickboxing Federation, (nor any of its officials or members) will be liable or responsible for any personal injury nor for any loss or damage to your property arising out of your participation and/or travelling to these events.	
Visa Guidelines	The organizing committee of the African Kickboxing Championships 2018 will Provide the FREE OF CHARGE visas for your delegation members (athletes and officials) at the arrival airport of Yaoundé (Cameroun)	
	All delegation should send the COLOR SCAN of the passport of their members (athletes and officials) not later than 23 March 2018 by email to president@wakoafrica.com in order for organizing committee to be able to provide on time the visa. We should know in advance the flight number, date, time, and airport of arrival of delegation member.	
	To avoid any inconvenience you MUST send the enclosed Visa form by email to <u>president@wakoafrica.com / cakbwako@yahoo.fr</u> before 23 March 2018 . After receiving the enclosed visa form we will send an official letter confirming your invitation and visa issuance option at airport of your arrival. This letter may provide the approval from different Ministries of Govt. of Cameroun.	
	Note : We cannot guaranty the visa to delegations, in particular for whose visa form request has not been received within the above-mentioned deadline.	
Registration	You must register your participants by sending the enclosed Entry forms to the following emails: <u>president@wakoafrica.com / cakbwako@yahoo.fr</u> before 23 March 2018.	
Flat accommodation /registration tax fee	Each member (Athlete and official) of Delegation should pay the flat fee of 30 US\$ to Organizing committee as per flat accommodation and registration Tax fee for entire period of stay.	

















AIRPORT – Transfer & TRAVEL SCHEDULE: The organizing committee will offer Airport transfers for all delegations **From Yaoundé, International Airport to Headquarters Hotel and back.**

Airport Transfers will be available based on the participant's flight schedules. Please complete the following forms and send them to the following emails: president@wakoafrica.com/cakbwako@yahoo.fr

APPLICATION FORM

FOR THE AIRPORT TRANSPORT AND SHUTTLE

NAME OF DELEGATION:		
CONTACT PERSON:		
ADDRESS:		
TEL:	FAX:	
MOB:		
E-MAIL:		
ARRIVAL BY PLANE:		
ARRIVAL BY OTHERS: Please mention if you use other transport facility ()		
PLACE & DATE OF ARRIVAL:		
PLACE & DATE OF DEPARTURE:		
ARRIVAL OF PLANE (Airline name, flight no., date and time):		
DEPARTURE OF PLANE (flight no., date and time):		
NUMBER OF DELEGATION: MALE:; FEMALE:; TOTAL:		

Please send this form by <u>23 March 2018</u> to the following emails: <u>president@wakoafrica.com /</u> <u>cakbwako@yahoo.fr</u>

















ACCOMMODATION AND HOTELS

The organizing committee the African Kickboxing Championships 2018 will provide the FREE OF CHARGE accommodation for all delegation (athletes and officials) at the hotel of its own choice in Yaoundé city.

All Participants of the African Kickboxing Championships 2018 must stay in the Hotels selected by Organization Committee of African Kickboxing Championships 2018 for the entire **period of their stay.** All reservations must be coordinated directly through Organization Committee of African Kickboxing Championships 2018.

Each member (Athletes and officials) of Delegation should pay the flat fee of 30 US\$ to Organizing committee as per flat accommodation and registration Tax fee for entire period of stay.

<u>Reminder:</u> According to African Kickboxing Confederation (WAKO AFROICA) and WAKO (IF) Rules and Regulations, the eligibility of participation in African Kickboxing Championships 2018 is reserved ONLY to African Kickboxing Confederation (WAKO AFRICA) national Federation and or Associations members.

















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PROVISIONAL PROGRAM

Avril 23 rd Monday:	Arrival of Teams (Yaounde Nsimalen International Airport) Registration for all Delegation at arrival
	At the Headquarters of competition organization at Palais des Sports
Avril 24 th Tuesday:	Arrival of Teams (Yaounde Nsimalen International Airport) continued Registration for all Delegation, continued Official Weigh-in (09:00 - 17:00)
	Official Referee Seminar (15:00 - 17:00), Official Drawing (19:00)
Avril 25 th Wednesday:	Depart from Hotel to Palais des Sports (8:00) OFFICIAL OPENING CEREMONY (15:00)
	Qualifications (16:00 - 20:00)
Avril 26 th Thursday:	Weigh-in (07:00 - 08:00) Depart from Hotel to Palais des Sports (9:00) Qualifications continued (10:30 - 20:00)
Avril 27 th Friday:	Weigh-in (07:00 - 08:00) Depart from Hotel to Palais des Sports (9:00)
	WAKO AFRICA Board meeting Qualifications continued/Semi Finals/Finals (10:30 - 20:00) Award Ceremonies
Avril 28 th Saturday:	Weigh-in (07:00 - 08:00) Depart from Hotel to Palais des Sports (9:00) Special Ceremony (10:00 – 11:00) Semi final and Final continued (11:30 - 20:00)
	Award Ceremonies End of the competition, Return from Palais des Sports to Hotel (20:15 - 20:30)
Avril 29 th Sunday:	Departure of Delegations

Note: The above provisional program is subject to change.

















HEAD OF DELEGATION RESPONSIBILITY FORM

The Organizing Committee of the AFRICAN KICKBOXING CHAMPIONSHIPS 2018 Yaoundé Cameroun greatly appreciate your interest, presence and co-operation in making this event a successful and meaningful experience for all participants involved. The average participant in this Event is well mannered, well disciplined and very co-operative. Our greatest concerns are for safety of the participants, and that at the completion of these Championships, there will have been no incidents, which would reflect poorly on any individuals, teams, or organizations. We ask for your co-operation and responsibility towards these aims.

STATEMENT OF RESPONSIBILITY

I recognize my responsibility for the entire behavior of the athletes on my team throughout their participation in the AFRICAN KICKBOXING CHAMPIONSHIPS 2018 Yaoundé Cameroun. These responsibilities begin at the time of their first arrival and conclude after their final departure from the Tournament, Tournament Site or other Site which might be related to their participation in this event. This includes complete supervision while athletes are in their respective competition for these Championships. I also recognize that discipline problems arise in the late evening after the conclusion of the competition, in the form of not **obeying the quiet hours between 10:30 PM and 6:00 AM**, and especially on the last night of competition. I also recognize that the host committee, the Tournament Director, and the Staff at each competitive site will be available to help control discipline problems and make the Tournament enjoyable for all.

PLEASE PRINT

African National Federation and or Association:		
PRESIDENT NAME:		
DATE OF BIRTH:		
SIGNATURE:		
ADDRESS:		
CITY/STATE/CODE:		
PHONE:	e-mail:	

















CODE OF CONDUCT

GENERAL CONTACT

All participants in the Championships, players, coaches, chaperone and relatives are expected to abide by the following code of conduct.

USE OF ALCOHOL AND DRUGS BY COMPETITORS IS PROHIBITED

State laws prohibit the use of alcohol by minors (under 18 years of age) and the possession or use of drugs. These laws will be strictly enforced by, team chaperone, and tournament officials. Any athlete found in violation of these laws may be subject to prosecution by law enforcement officers and they and their teammates will be immediately expelled from the Championships. The Head of Delegation must assume responsibility for monitoring player conduct to ensure that drinking and drug use laws are upheld.

DAMAGE TO PLAYING SITES

Should damage occur at any site by a player, coach, chaperon, or even a competitor's parent, the team responsible will be charged for the damages and the participant from this team will not be admitted to any WAKO AFRICA and WAKO Championships. If the responsible individual/team cannot be determined, then all teams participating at the site during the occurrence will be sanctioned from future WAKO AFRICA and WAKO Championships. We feel it is the responsibility of all teams, competitors, coaches, and families to ensure that the site is free of any problems and damages. In addition, the area of the arena your team occupies is to be free of trash when you leave your site. It is also the requirement of all competition sites that ONLY WATER; IN PLASTIC CONTAINERS, will be permitted inside the sport-hall. Violators will cause their team to be immediately disqualified and dismissed from the Championships.

ASHGABAT OLYMPIC COMPLEX CONDUCT

Athletes will abide by WAKO AFRICA and Ashgabat Rules regarding arena conduct.

At all times coaches, team, opponents, and officials will be treated with the utmost respect. Chief of Delegations and Coaches must also assume full responsibility for enforcing arena conduct rules. Teams that fail to abide by these rules are subject to disciplinary action (e.g., DISMISSAL FROM THE EVENT).

CHIEF OF DELEGATION, COACH and OFFICIALS ENDORSEMENT

GAISF

I certify that I have read the Code of Conduct and have carefully reviewed it with my team members.

Note: It is the responsibility of every national chief delegation and coach to review with their teams this Code of Conduct. Individual and team violators of any provisions of this Code may be excluded from future participation in WAKO AFRICA and WAKO events. The organizing committee will administer such disciplinary action.















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ENTRY FORM

WAKO AFRICA National Federation and or Association:

No.	Men	Surname	First Names
01	-51 kg		
02	-54 kg		
03	-57 kg		
04	-60 kg		
05	-63.5 kg		
06	-67 kg		
07	-71 kg		
08	-75 kg		
09	-81 kg		
10	-86 kg		
11	-91 kg		
	Women		
01	-52 kg		
02	-56 kg		
03	-60 kg		
04	-65 kg		

FULL CONTACT

Note:

If there are less than 2 fighters in a weight categories, then that category will be cancelled and the athletes can compete in the next higher weight category.















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06	-67 kg		
07	-71 kg		
08	-75 kg		
09	-81 kg		
10	-86 kg		
11	-91 kg		
12	+91 kg		
	Women		
01	-52 kg		
02	-56 kg		
03	-60 kg		
04	-65 kg		

LOW KICK

Note:

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K1 RULES

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